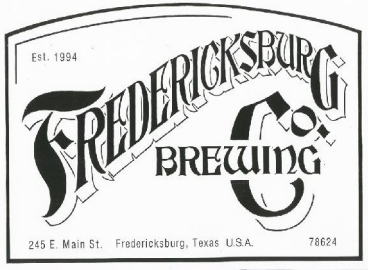
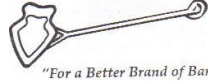


Event Sponsors:



Here Everything's Better.™



THE PARKER LAW FIRM

GRAND OPENING Event



January 31st, 2009

Boys and Girls Club Benefit

5K

Run/Walk

Through Beautiful Fredericksburg Historical District

All proceeds will be donated to:



BOYS & GIRLS CLUB
OF THE TEXAS HILL COUNTRY

Boys and Girls Club Benefit 5K Run/ Walk

When: January 31st, 2009, Start Time is 9:00am

Where: Get Fit Tri Sports Parking Lot
251 West Main, FBG, TX 78624

Entry: \$20 per person before 1/29/09
\$25 per person @ packet pick-up
By Mail or In Person @ Get Fit Tri Sports
Or Online (see www.getfittrisports.com)

Prizes: \$150 cash & Asics shoes to top overall Male
\$150 cash & Asics shoes to top overall Female
\$75 cash to each top Male and Female Masters
Get Fit Tri Sports Gift Cards to 1st, 2nd, & 3rd finishers in
each age group and to top 3 Wheelchair Athletes
(Made possible by our generous sponsors)

Age Groups: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 and over

Packet Pick-up: Friday 1/30 @ Get Fit Tri Sports 3-8pm or
on race day 7:30-8:30am

Post Race Party: Hang Around for Fun, Free Food,
Opa's Sausage & lots and lots of Door Prizes including:
[2 night stay at Fredericksburg Brewery Bed
and Brew, Many Gift Certificates & More](#)

Contact: Nicky Vaughn – nicky@getfittrisports.com
(830)998-1489

Boys and Girls Club Benefit 5K Registration Form

Make checks payable to: Hill Country Racing
(Please do not send cash)

Mail form to: P.O. Box 2483
(No refunds) Fredericksburg, TX 78624

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

E-Mail: _____

T-shirt size: S M L XL XXL

Gender: M F Age on race day: _____

(All entrants must sign a race waiver at packet pick-up,
Parents signature required for participants under age 18.)